



THE KENYA NATIONAL EXAMINATIONS COUNCIL

SCHOOL BASED ASSESSMENT

Physical and Health Education - Grade 5 – 2023

Performance Based Assessment Tasks - Scoring Guide

(Regular)

Key for rating the learner's performance.

- i. **Performance Level 4 (PL 4) (Exceeding Expectation)** indicates that the learner has not only perfected /mastered the required skill but also exhibits exemplary skills that are above those required of his/her grade/age.
- ii. **Performance Level 3 (PL 3) (Meeting Expectation)** indicates that the learner has acquired the required skill.
- iii. **Performance Level 2 (PL 2) (Approaching Expectation)** indicates that the learner has acquired **some** skills but has not fully mastered them.
- iv. **Performance Level 1 (PL 1) (Below Expectation)** indicates that the learner is yet to develop the specified skills.

Scoring Guide for Task 1: Performance task- Standing Discus Throw

1. Use the Observation checklist provided to assess each learner as they perform the assessment task.
2. Rate the learner's competency in performing **the standing Discus** under four performance levels as follows:
 - i. **Performance Level 4 (PL 4) (Exceeding Expectations)** where the learner demonstrates competency in **all** the 6 attributes of the skill correctly.
 - ii. **Performance Level 3 (PL 3) (Meeting Expectations)** where the learner demonstrates competency in 4 or 5 attributes of the skill correctly.
 - iii. **Performance level 2 (PL 2) (Approaching Expectations)** where the learner demonstrates competency in 2 or 3 attributes of the skill correctly.
 - iv. **Performance Level 1 (PL 1) (Below Expectations)** where the learner demonstrates competency in only 1 of the attributes of the skill correctly or demonstrates competency in none of the attributes prescribed.

Scoring Guide for Task 2- Demonstration of the core of Citizenship

1. Use the checklist provided to assess learners' demonstration of the core competency of Citizenship as the learner interacts with teachers and peers and when performing the assessment task.
2. Rate each learner's demonstration of the core competency of communication and collaboration under four performance levels as follows:
 - i. **Performance Level 4 (PL 4) (Exceeding Expectations)** where the learner exhibits 3 or more attributes of the core competency targeted.
 - ii. **Performance Level 3 (PL 3) (Meeting Expectations)** where the learner exhibits 2 of the attributes of the core competency targeted.
 - iii. **Performance level 2 (PL 2) (Approaching Expectations)** where the learner exhibits only 1 of the attributes of the core competency targeted.
 - iv. **Performance Level 1 (PL 1) (Below Expectations)** where the learner exhibits none of the attributes of the core competency targeted.

Scoring Guide for Task 3 - Project: Making tracking signs for an outdoor excursion (6 marks)

1. Use the Observation checklist provided to assess each learner as they undertake the assessment project.
2. Rate the learner's competencies in Making tracking signs for an outdoor excursion under four performance levels as follows:
 - i. **Performance Level 4 (PL 4) (Exceeding Expectations)** where the learner demonstrates competency in **all** the 6 attributes of the skill correctly.
 - ii. **Performance Level 3 (PL 3) (Meeting Expectations)** where the learner demonstrates competency in 4 or 5 attributes of the skill correctly.
 - iii. **Performance level 2 (PL 2) (Approaching Expectations)** where the learner demonstrates competency in 2 or 3 attributes of the skill correctly.
 - iv. **Performance Level 1 (PL 1) (Below Expectations)** where the learner demonstrates competency in only 1 of the attributes of the skill correctly or demonstrates competency in none of the attributes prescribed.

Scoring Guide for Task 4- Demonstration of the value of Love (3 marks).

1. Use the checklist provided to assess learners' demonstration of the value of Love as the learner interacts with teachers and peers and as they perform the assessment task.
2. Rate each learner's demonstration of the demonstration of the value of Love under four performance levels as follows:
 - i. **Performance Level 4 (PL 4) (Exceeding Expectations)** where the learner exhibits 3 or more attributes of the value of Love.
 - ii. **Performance Level 3 (PL 3) (Meeting Expectations)** where the learner exhibits 2 of the attributes of the value of Love.
 - iii. **Performance level 2 (PL 2) (Approaching Expectations)** where the learner exhibits only 1 of the attributes of the value of Love.
 - iv. **Performance Level 1 (PL 1) (Below Expectations)** where the learner exhibits none of the attributes of the value of Love.

